We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the Free Will Offering scheme please speak to Andy Crawford, Mark Ebden or the church wardens.

PHOTO

In a few weeks we are going to 'refresh' the back of the church. The idea has been raised of having a display including photos of all that the Parish does. What would be great would be to have a photo of all the congregation—perhaps taken after a Sunday Eucharist in Feb—at the centre of the display...watch this space!

COMING SOON

Please keep the date free - Saturday 3rd March for a 'Party and Entertainment' evening - Cheese and Wine and Fruit etc. - in aid of St. Anne's and One Life. More details and tickets shortly!!

SCRAMBLERS

Please we need more volunteers to help with the Scramblers. If you would like to help out and want to be on the Rota please have a word with Val. Thank you.

SUNDAY MORNING CAR ROTA PLEA FROM BERYL STRATTON

With Veronica moving away in December the number of regular drivers is down to five. If anyone could offer to collect some of our elderly church members and bring them to Sunday morning 10am Eucharist, even if it was one Sunday a month, I would be very pleased to hear from them. I can be contacted on 8524 2655 or 07720 049706 or beryl.stratton@btinternet.com.

HYMN BOOKS

If you would like to buy one of the new hymn booksplease see Mick Scotchmer—they are £7.50 each (a Bargain!)

FOR OUR PRAYERS:

Sick and wanting prayer; Dorothy and Ted Bulled, Gladys Gloyn, Rachel Higgons, Rahat Munir, Joan Page-Webster, Gladys Travis, Pauline Warner, Nancy Khuzwayo (One Life) Rachel Michell, Valerie Black, Pamela Finbow, Jenny Harwood, Gill Head, Mary Taylor, Paul and Ann, Ashton Simeron, Derek Palmer, Betty Crawford, Fred Bullock.

Anniversaries for February: 2nd George Radford, 3rd Emily Brewis, 6th Walter Rolfe, 20th William Sherman, 22nd Beryl Lovitt, 23rd Arthur Runeckles, Victor Foster, 24th Dorothy Potter, Albert Gates, 25th Maureen Cope, 26th Kenneth Gwynn, 27th Lillian Bates. 28th **Teresa Carroll**

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen



Parish Church of St. Anne Chingford

Web site: stanneE4.milesconsulting.co.uk

3rd Sunday before Lent

Eucharist 10.00

Jennifer Harwood, Jacqueline Lloyd, Edna Langsdon





Mick and Jenny Scotchmer, Joanne Williams Lindsey Archer, Jenny Scotchmer Pennv/David Rolfe Jenny Howland Jenny Howland Chris Hawkins Chris Hawkins David Cooke

Order of Service Option Eucharistic prayer F

262 God's Spirit is in my heart 362 Inspired by love and anger 205 From heaven you came In bread we bring you Lord 351 **Onward Christian pilgrims** 599



'That evening, at sundown, they brought to him all who were sick or possessed with

demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases;"

P	This week	Tuesday Thursday Friday Sunday	7th Feb 9th Feb 10th Feb 12th Feb	13.30 14.00 10.00 10.00	St Anne's Angels Healing Eucharist Parish Eucharist
Name Phone no. E-mail Address	<u>St. A</u>	nne's welco	<u>me form</u>		You are very welcome here at St. Anne's. If you would like us to keep in touch with you or you are not on the electoral roll please fill in this form and hand it to the wardens, sidesmen or the vicar

Collect

Almighty God,

who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit,

Post Communion

Merciful Father, who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger: draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever

Old Testament Reading

Isaiah 40.21-31

²¹Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.
²⁵To whom then will you compare me, or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see: Who created these?

He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

²⁷Why do you say, O Jacob, and speak, O Israel,

'My way is hidden from the LORD, and my right is disregarded by my God'?

²⁸Have you not known? Have you not heard?

The LORD is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.

²⁹He gives power to the faint, and strengthens the powerless.

³⁰Even youths will faint and be weary, and the young will fall exhausted;

³¹but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles,

they shall run and not be weary, they shall walk and not faint.

This is the word of the Lord.

All Thanks be to God.

New Testament Reading

1 Corinthians 9.16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a

reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

This is the word of the Lord.

All Thanks be to God.

Gospel

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

²⁹As soon as Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sundown, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, 'Everyone is searching for you.' ³⁸He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

This is the Gospel of the Lord.

All Praise to you, O Christ.

Mark 1.29-39